

## **Cholesterol**

### **Amanda Wall—Florida, August 2003**

After 2 months of taking 3 pills, 2 times a day my cholesterol went down to the satisfaction of my doctor. And even with hereditary high cholesterol.

### **WT Patterson—Arkansas, July 2003**

In 20 days or less I dropped my total cholesterol 57 points—from 280 to 223. My blood sugar is down from 153 to 77, and my blood pressure is stays around 118/70 from 140/70. I drink the tea and also take the pills. This is the best thing I've ever run in to.

### **Thomas Bocchino—Connecticut, July 2003**

This product (Herbal Pills) is great; I dropped my triglycerides from over 700 to under 130 and my cholesterol from over 250 to under 100 in 12 months.

### **Gwendolyn Claxton—Florida, March 2003**

I have been taking your capsules and have seen great results with my high blood pressure and cholesterol. I also have more energy. Thanks a bunch.

### **Bobbi Moses—Alaska, February 2003**

I started taking your Jiaogulan Standardized Gypenosides around the time of my yearly check-up when my doctor told me that my cholesterol and blood pressure were high and I should do something about it. I kept taking the jiaogulan till my next yearly check-up and the doctor said both were now acceptable.

### **Valerie Branam—Wisconsin, January 2003**

A year and a half ago, my cholesterol was 227, with LDL of 159 and HDL of 46. Now my total is 166, LDL is 100, and HDL is 42. Triglycerides have remained about the same. I drink two cups of jiaogulan tea a day as a part of my health efforts.

### **Susan Alexander—Delaware, January 2003**

I have a lot more energy and my cholesterol has come way down. My total cholesterol was 240 and after taking about 2-3 pills per day for 5 months, it is now down to 167. Also, my blood pressure was about 140-160/90 and is now 107/65.

### **Errol Kroner—Illinois, February 2002**

Although I started taking jiaogulan capsules for general well being, I experienced a dramatic reduction in my cholesterol. It went from 260 to 189 (total cholesterol) within 3 months. My doctor was quite amazed. Also my circulation seems to be improved, because I no longer experience coldness in my extremities.

### **Dr. Carlos Barcena, M.D.—Mexico, September 2001**

Jiaogulan is a very nice product. I have at least 8 persons who I am giving it to. In one of them, it is keeping cholesterol and triglycerides down. Two of my patients, who are taking statins, are reporting muscle aches. There is great concern about statins now with the information about Baycol.

### **Peggy Krohn—Ohio, August 2001**

Both my blood pressure and cholesterol were very high when I started taking your Jiaogulan Herbal Pills and drinking 3-4 cups per week of your regular jiaogulan tea. I had a checkup after 3 months. My cholesterol was down by a phenomenal 60 points. And my blood pressure was down too. My doctor was thrilled that they were both down because if it wasn't, he was going put me on the medicines. I have since switched to the capsules. My blood pressure is still ok. I will find out soon if my cholesterol numbers are down any further.

### **Update—April 2003**

After my blood pressure and cholesterol stayed normal for a while, I stopped taking the pills. I have been completely normal since then. Right now my husband is taking jiaogulan to see if he can get his cholesterol down too.

### **Kathy Hope—California, August 2001**

Seven months ago, I had a cholesterol reading of 264. After drinking one cup a day of your Premium Jiaogulan Herbal Tea for two months it went down to 247. Now after seven months my cholesterol is down to 237. I feel very optimistic that the jiaogulan is working and that it will go down even further.

**Linda Cohen—Texas, November 2000**

I have a thyroid problem and take allopathic medicine for it. Even with the medicine I would sometimes tend to be hyper, or jittery, and sometimes hypo, or lethargic. Also, my cholesterol has been very high, a total of 316. My blood pressure has also been a bit high. I have regular checkups on my blood, due to seriousness of my situation, and here are the results:

After one month of taking your jiaogulan pills, my cholesterol went down 60 points. After four months, my cholesterol was down 120 points from it's original high. Also my triglyceride level has gone down from 260 to 129. My fluctuating hyper and hypo moods have stabilized, I feel 100% better, and my blood pressure is now normal. Consider me a grateful, long-term customer.

**Donna Young, ND; Certified Health Counselor, and midwife—Idaho, November, 2000**

My first experience with jiaogulan was with my client, a serious weightlifter and bodybuilder, who overloaded his liver with huge quantities of protein powder. His liver turned the fats back into his blood and in turn raised his triglyceride and cholesterol levels to a dangerously high 1800. He became extremely weak and had chest pains. After he started on the tea pills and Power Surge, he noticed a significant energy change, and improved heart function. His cholesterol and triglyceride levels have come down to 300 and states that he continues to see a noticeable change in energy and strength when taking the tea pills and Power Surge.